

Monday

Tuesday

Wednesday

Thursday

Friday

 		<p>Whole Grain Bagel Cream Cheese Pineapple Slices</p>	<p>French Toast Turkey Bacon Apples</p>	<p>Whole Grain Apple Muffin Orange</p>
<p>Assorted Whole Grain Cereal Apples</p>	<p>Whole Grain Bagel Cream Cheese Tangerines</p>	<p>Whole Grain Blueberry Muffin Fruit Salad</p>	<p>Whole Grain Waffles Turkey Bacon Mango Chunks</p>	<p>Fat Free Yogurt Granola Bar (Pre-K: Graham Crackers) Pears</p>
<p>Assorted Whole Grain Cereal Pears</p>	<p>Whole Grain Banana Muffin Apple Sauce</p>	<p>Fat Free Yogurt Granola Bar (Pre-K: Graham Crackers) Orange</p>	<p>Whole Grain Bagel Cream Cheese Fruit Salad <i>*Last Day of School</i></p>	<p>SUMMER BREAK</p> 
<p>SUMMER BREAK</p>	<p>SUMMER BREAK</p>	<p>SUMMER BREAK</p>	<p>SUMMER BREAK</p>	<p>SUMMER BREAK</p> 
<p>SUMMER BREAK</p>	<p>SUMMER BREAK</p>	<p>SUMMER BREAK</p>	<p>SUMMER BREAK</p>	 

- All menus served with appropriate condiments and 1% Milk or Fat Free Milk.
- Menu subject to change.
- Daily fruit offered might change depending on availability.

This institution is an equal opportunity provider







Monday

Tuesday

Wednesday

Thursday

Friday

 		<p>Sliced Oven Roasted 1 Turkey Breast and Cheese Sandwich Greens and Strawberry Salad Bananas</p>	<p>Macaroni & Cheese 2 Broccoli Orange</p>	<p>Meatloaf 3 Gravy Mashed Potatoes Green Beans Whole Grain Roll Apples</p>
<p>Chicken 6 Drumstick Whole Grain Roll Baked Beans Oranges</p>	<p>Salisbury Steak 7 Marinara Sauce Brown Rice Corn Pears</p>	<p>Spaghetti with 8 Chicken Green Beans Bananas</p>	<p>Chicken Patty 9 Sandwich on WG Bun Sweet Potatoes Apples</p>	<p>Turkey Bologna 10 And Cheese Sandwich Romaine Lettuce and Tomato Salad Tangerines</p>
<p>Cheeseburger on 13 WG Bun Potatoes Apples</p>	<p>Turkey Sausage 14 Jambalaya Pinto Beans Bananas</p>	<p>Chicken Parmesan 15 WG Bun Broccoli Pears</p>	<p>Macaroni & Cheese 16 With Chicken Broccoli and Carrots Orange <i>*Last Day of School</i></p>	<p>17 SUMMER BREAK</p> 
<p>20 SUMMER BREAK</p>	<p>21 SUMMER BREAK</p>	<p>22 SUMMER BREAK</p>	<p>23 SUMMER BREAK</p>	<p>24 SUMMER BREAK</p> 
<p>27 SUMMER BREAK</p>	<p>28 SUMMER BREAK</p>	<p>29 SUMMER BREAK</p>	<p>30 SUMMER BREAK</p>  	

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JUNE 2022 VEGETARIAN LUNCH

Monday

Tuesday

Wednesday

Thursday

Friday

				
Vegetarian Patty Whole Grain Roll Baked Beans Oranges	Rice and Beans Corn Pears	Spaghetti with Vegetarian Meat Green Beans Bananas	Tofu and Vegetable Quesadillas Sweet Potatoes Apples	SunButter & Jelly Sandwich Romaine Lettuce and Tomato Salad Tangerines
Vegetarian Patty on WG Bun Potatoes Apples	Vegetarian Meat Jambalaya Pinto Beans Bananas	Tofu and Vegetable Quesadilla Broccoli Pears	Macaroni & Cheese Romaine Lettuce and Tomato Salad Orange <i>*Last Day of School</i>	SUMMER BREAK
SUMMER BREAK	SUMMER BREAK	SUMMER BREAK	SUMMER BREAK	SUMMER BREAK
SUMMER BREAK	SUMMER BREAK	SUMMER BREAK	SUMMER BREAK	

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JUNE 2022 SNACK

TOP SPANISH CATERING, INC

Monday

Tuesday

Wednesday

Thursday

Friday

  		<p>1 Fat Free Yogurt Apples</p>	<p>2 Cheez It Crackers Milk</p>	<p>3 Fruit Bars Milk</p>
<p>6 Goldfish Crackers Milk</p>	<p>7 Graham Crackers PEARS</p>	<p>8 Cheese String Apple Sauce</p>	<p>9 Sun Chips Milk</p>	<p>10 Whole Grain Muffin Milk</p>
<p>13 Graham Crackers Milk</p>	<p>14 Fruit Bar Milk</p>	<p>15 Cheez It Crackers Milk</p>	<p>16 Carrots and Celery Hummus Cup</p>	<p>17 SUMMER BREAK</p> 
<p>20 SUMMER BREAK</p>	<p>21 SUMMER BREAK</p>	<p>22 SUMMER BREAK</p>	<p>23 SUMMER BREAK</p>	<p>24 SUMMER BREAK</p> 
<p>27 SUMMER BREAK</p>	<p>28 SUMMER BREAK</p>	<p>29 SUMMER BREAK</p>	<p>30 SUMMER BREAK</p>  	

- Menu subject to change.
- Fruit offered might change depending on availability.

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SELA PCS JUNE 2022 DINNER MENU

Top Spanish Catering

Monday, MAY 30	Tuesday, MAY 31	Wednesday, JUNE 1	Thursday, JUNE 2	Friday, JUNE 3
<p>NO SCHOOL</p>	<p style="text-align: center;"><u>GROUND BEEF MACARONI:</u> WG Elbow Pasta, 100% Ground Beef, Marinara Sauce BROCCOLI 100% FRUIT JUICE 8OZ 1% MILK OR SKIM MILK</p> <p style="text-align: center;">VEGETARIAN: <u>VEGETARIAN MACARONI:</u> WG Elbow Pasta, Vegetarian Meat, Marinara Sauce BROCCOLI 100% FRUIT JUICE 8OZ 1% MILK OR SKIM MILK</p>	<p style="text-align: center;"><u>TURKEY JAMBALAYA:</u> Brown Rice with Turkey Sausage, Green Peppers & Onions CARROTS APPLE SAUCE 8OZ 1% WHITE MILK OR WHITE SKIM MILK</p> <p style="text-align: center;">VEGETARIAN: <u>VEGETARIAN JAMBALAYA</u> Brown Rice with Vegetarian Meat, Green Peppers & Onions CARROTS APPLE SAUCE 8OZ 1% WHITE MILK OR WHITE SKIM MILK</p>	<p style="text-align: center;"><u>BEEF TACOS:</u> 100% Ground Beef WG CORN TACO SHELLS CORN FRUIT SALAD 8OZ 1% WHITE MILK OR SKIM MILK</p> <p style="text-align: center;">VEGETARIAN: <u>VEGETARIAN MEAT TACO:</u> WG CORN TACO SHELLS CORN FRUIT SALAD 8OZ 1% WHITE MILK OR SKIM MILK</p>	<p style="text-align: center;"><u>CHICKEN PATTY SANDWICH:</u> WG Breaded Chicken Patty WG BUN GARBANZO BEANS ORANGES 8OZ 1% WHITE MILK OR WHITE SKIM MILK</p> <p style="text-align: center;">VEGETARIAN: <u>MACARONI & CHEESE:</u> WG Elbow Macaroni Pasta Melted Cheddar Cheese GARBANZO BEANS ORANGES 8OZ 1% WHITE MILK OR WHITE SKIM MILK</p>

SELA PCS JUNE 2022 DINNER MENU

Top Spanish Catering

Monday, JUNE 6	Tuesday, JUNE 7	Wednesday, JUNE 8	Thursday, JUNE 9	Friday, JUNE 10
<p><u>CHEESE PIZZA:</u> WG Pizza Shell, Mozzarella Cheese and Marinara Sauce BROCCOLI 100% FRUIT JUICE 8OZ 1% WHITE MILK OR WHITE SKIM MILK</p>	<p><u>CHEESEBURGER:</u> 100% Beef Patty, WG Hamburger Bun American Cheese SWEET POTATOES ORANGES 8OZ 1% WHITE MILK OR WHITE SKIM MILK</p> <p>VEGETARIAN: <u>VEGETARIAN PATTY</u> WG HAMBURGEN BUN SWEET POTATOES ORANGES 8OZ 1% MILK OR SKIM MILK</p>	<p><u>CHEESE QUESADILLAS:</u> WG Flour Tortillas Shredded Mozzarella Cheese BLACK BEANS APPLES 8OZ 1% WHITE MILK OR WHITE SKIM MILK</p>	<p><u>ARROZ CON QUESO:</u> Brown Rice with Black Beans and Shredded Mozzarella Cheese ZUCHINNI PEARS 8OZ 1% WHITE MILK OR WHITE SKIM MILK</p>	<p><u>BARBECUE BEEF</u> <u>SANDWICH</u> 100% Ground Beef, Barbecue Sauce, WG DINNER ROLL Potato Fries FRUIT SALAD 8OZ 1% WHITE MILK OR WHITE SKIM MILK</p> <p>VEGETARIAN: <u>VEGETARIAN PATTY</u> WG DINNER ROLL CARROTS & MASHED POTATOES FRUIT SALAD 8OZ 1% WHITE MILK OR WHITE SKIM MILK</p>

SELA PCS JUNE 2022 DINNER MENU

Top Spanish Catering

Monday, JUNE 13	Tuesday, JUNE 14	Wednesday, JUNE 15	Thursday, JUNE 16	Friday, JUNE 17
<p><u>SPAGHETTI & MEATBALLS:</u> WG Spaghetti Pasta Marinara Sauce Beef Meatballs BROCCOLI 100% FRUIT JUICE 8OZ 1% WHITE MILK OR WHITE SKIM MILK</p> <p>VEGETARIAN: <u>VEGETARIAN MEAT PASTA:</u> WG Spaghetti Pasta Marinara Sauce Vegetarian Meat BROCCOLI 100% FRUIT JUICE 8OZ 1% WHITE MILK OR WHITE SKIM MILK</p>	<p><u>CHEESE PIZZA:</u> WG Pizza Shell, Mozzarella Cheese and Marinara Sauce CARROTS ORANGES 8OZ 1% WHITE MILK OR WHITE SKIM MILK</p>	<p><u>GRILLED CHEESE SANDWICH:</u> WG Sandwich Bread Yellow American Cheese BAKED BEANS APPLES 8OZ 1% WHITE MILK OR WHITE SKIM MILK</p>	<p><u>BEEF HOT DOGS:</u> Beef Hot Dog Frank WG HOT DOG ROLL POTATO FRIES PEARS 8OZ 1% WHITE MILK OR WHITE SKIM MILK</p> <p>VEGETARIAN: <u>VEGETARIAN PATTY SANDWICH:</u> Vegetarian Patty WG HAMBURGER BUN POTATO FRIES PEARS 8OZ 1% WHITE MILK OR WHITE SKIM MILK</p>	<p>SUMMER BREAK</p>